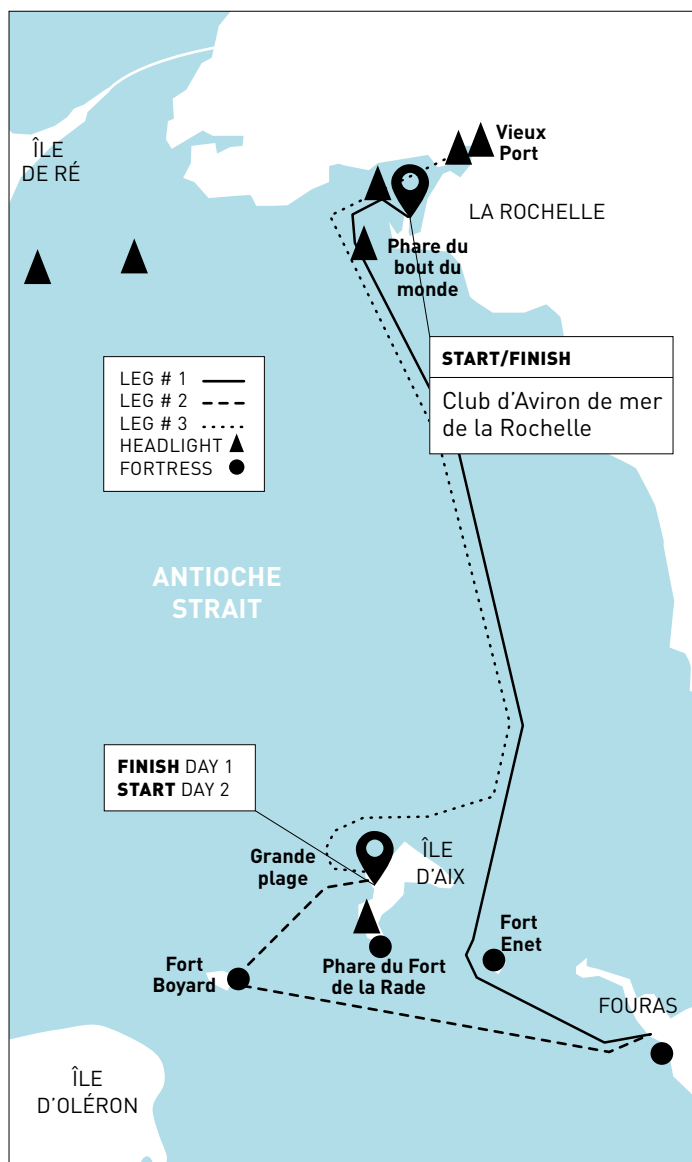


15 & 16 JUNE

2 DAYS / 60 KM

ROWING LEVEL 

“DE FORTS EN PHARES”



Taking part in the tour called “De forts en phares” is a unique way of discovering the Charente coasts and sea heritage of the Pertuis d'Antioche strait. This is a 3-leg tour over two days, designed for robust and powerful veteran sea rowers with a good physical condition; it will allow you to discover a landscape between land and water, strewn between oyster and mussel parks, known as the “estran”.

 **Quadruple coastal rowing boat**

€ **Rowers : 155 € with campsite accommodation (equipment not provided), 1 night, 3 meals / 145 € without accommodation, 3 meals / Companions : identical fees 50 sièges, 40 €**

 **CLUB D'AVIRON DE MER DE LA ROCHELLE**
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 **OFFICE DE TOURISME DE LA ROCHELLE** 05 46 41 14 68
OFFICE DE TOURISME ROCHFORT Océan 05 46 99 08 60

PROVISIONAL PLANNING

Possibility of being welcomed on Friday from 5.00 to 8.00 pm.

DAY 1

7.30 AM Welcome. **8.45 AM** Safety briefing then boat launching.

Leg # 1: 23 km from La Rochelle (Minimes harbour) to Fouras (Great beach) via the Bout du Monde beacon and the Enet fortification. Picnic on the beach.

Leg # 2: 14 km from Fouras (Great beach) to Aix island (Great beach) via Fort Boyard. Diner and night on the Aix island.

DAY 2

Leg # 3: 23 km from Aix island (Great beach) to La Rochelle (Minimes harbour) via the Old harbour in La Rochelle.

1.00 PM Lunch at the club. For non-rowers and depending on the number of participants, the club will suggest to ride bikes along the coast on “Vélodyssée” (EuroVélo trail # 1), then to reach Aix island with a ferry (Pointe de la Fumée > Fouras).